



# LUNCH MENU

D - Dairy E - Egg G - Gluten

S - Sesame N - Nuts F - Fish

C - Celery M - Mustard SO - Soya

V - Vegetarian

\*Gluten free pitta bread available

\*Ask server about kosher meat

## Salads

**Cauliflower Salad** £11  
Roasted cauliflower served with tahini, date molasses, pomegranate & fresh herbs (S.V)

**Roasted Veg Baba** £14  
BBQ whole aubergine with roasted vegetables, tahini & grated feta (D.S.V)

**Meat Baba** £15  
BBQ whole aubergine with seasoned mince beef topped with toasted pine nuts, pomegranate & tahini (N.S)

**Artichoke Heart Salad** £12  
Served with olive oil, garlic & pomegranate vinaigrette (V)

**Goats Cheese & Beetroot Salad** £16  
Served on a bed of arugula with figs & pecans drizzled in a maple balsamic vinaigrette (D.N.V)

**Bulgar Wheat Salad** £13  
Served with grated cauliflower, tomato, cucumber & tahini lemon dressing (S.G.V)

**Smoked Salmon/Fillet** £17/18

**Avocado Salad**  
Served with lettuce, tomato, cucumber and carrots topped with cashews & vinaigrettes (N.F.V)

**Chicken & Avocado Salad** £18  
Served with lettuce, tomato, cucumber and carrots topped with cashews & vinaigrettes (N)

**Halloumi Salad** £18  
Grilled halloumi and mushroom salad served with tomato, cucumber and carrots with walnuts & vinaigrettes (D.N.V)

**Mediterranean Salad** £15  
Israeli salad served with humous, falafel & pitta topped with green tahini (G.S.V)

## Brunch

**French Toast** £10  
Cinnamon challah roll served with yogurt, maple syrup & berries topped with pecans (E.G.N.D.V)

**Granola** £10  
Homemade muesli topped with yogurt, tahini, date honey & fruit (D.N.V)

**Eggs on Toast** £7.50  
2 eggs on sour dough toast  
\*scrambled, poached or fried (E.G.V)

**Avocado on Toast** £8.50  
Toasted sourdough topped with smashed avocado & grated feta sumac (G.D.V)  
\*add poached egg £2 (E)

**Croissant Eggs Benedict** £10  
2 poached eggs on a toasted croissant with spinach & hollandaise sauce (E.G.D.V)  
\*add smoked salmon £3 (F)

**Sabich** £13  
Pitta filled with humous, fried aubergine, egg, potato, Israeli salad, onion sumac & tahinis (G.E.S.V)

**Israeli Breakfast** £13  
2 eggs served with smoked salmon, avocado, baba ganoush, feta, labneh, olive tapenade, chopped salad & sourdough (E.G.D.S.F.V)  
\*scrambled, poached or fried

**Michael's Shakshuka** £13  
Classic (E.G.V)  
Greek: goats cheese, olives, za'atar (E.D.G.V) £15  
Balkan: feta, aubergine, cauliflower (E.D.G.V) £15  
\*all served with pitta, Israeli salad & tahini

**Omelette**  
3 eggs with sourdough & Israeli salad (E.G.D.V)  
Tomato, mushroom, spinach, olives, pepper, onion £0.75 each  
Cheddar, feta, goats cheese £1 each

## Burgers

\*served in a challah roll

**Chicken Burger** £13  
Grilled chicken served with lettuce, tomato, onion, ketchup, mayo & French fries (E.G)

**Beef Burger** £13  
Grilled beef burger served with lettuce, tomato, onion, ketchup, mayo & French fries (E.G)

**Salmon Burger** £16  
Grilled salmon fillet served with avocado, chimi-mayo, spinach & Israeli salad on the side (E.G.F.V)

**Ultimate Schnitzel Burger** £16  
Crispy schnitzel served in a toasted challah roll alongside matbucha, fried aubergine, green tahini, humous, Israeli salad, garlic confit (S.G.E.C)

## Plates, Wraps & Pittot

**Schnitzel Plate** £17  
Chicken schnitzel served with French fries, Israeli salad & green tahini (E.G.M.S)

**Chicken/Lamb Shawarma** £17/20  
**Plate**  
Shawarma served with pitta, French fries, tahini, Israeli salad & humous (S.G)

**Schnitzel Wrap** £12  
Crispy schnitzel served in a toasted wrap with mayo, tomato, lettuce (E.G.M)  
\*in pitta £1

**Chicken Shawarma Wrap** £14  
Served in a toasted wrap with humous, parsley & green tahini (S.G)  
\*in pitta £1

**Falafel Wrap** £11  
Served in a toasted wrap with humous, pickles & tahinis (S.G.V)  
\*in pitta £1  
**Steak wrap** £13  
Rump served in toasted wrap with tomato, lettuce, onion & chimi-mayo (S.G.V)  
\*in pitta £1



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## Kids \*swap to sweet potato fries £1

### Plain Pasta £4

Served with grated cheese & cucumber on the side **(D.G.V)**

### Tomato Pasta £5

Homemade tomato sauce served with grated cheese & cucumber on the side **(D.C.G.V)**

### Pizza Wrap £6

Tomato sauce on a wrap topped with cheese & cucumber on the side **(D.C.G.V)**

### Schnitzel £8

Chicken schnitzel served with French fries & cucumber **(E.G.M)**

### Vienna Sausage £7

Served with French fries and cucumber **(SO)**

### Fish 'n' chips £8

Homemade breaded cod goujon served with French fries & cucumber **(E.G.F.V)**

## Sides

### Falafel **(S.V)** £1.50 each

### Pitta **(G.V)** £1.25 each

### Pickles £3

### Avocado £2

### Israeli Salad £6

### Feta **(D)** £4

### Halloumi **(D)** £4

### French Fries £6.50

### Sweet Potato Fries £7.50

### Grilled Chicken Breast £6

### Chicken Schnitzel £6

**(E.G.M)**

### Smoked Salmon **(F)** £5